

Lifestyle EXPO

PRESENTED BY
IG WEALTH MANAGEMENT
Legacy Giving Thunder Bay



SATURDAY, JUNE 1, 2019
CLE COLISEUM
10:00AM - 3:00PM

OVER 40 VENDORS + 12 FREE WORKSHOPS

- Lifestyle vendors
- Golf Clinics
- Spa Services
- How to be your best self
- Travel Experts
- Cooking classes
- Expert gardening tips
- Financial wellness + more!

Speaker Series

Understanding Henson Trusts

Thursday, April 25th
7PM in the Georgian Room
St. Joseph's Care Group (63 Carrie St.)



Margaret Waddington

Margaret chose Family Law because she loves working with people, and hearing their stories. She approaches her practice with a compassionate, collaborative focus aimed at achieving effective resolutions for her clients. She's paired Family Law with Wills and Estates work, and assists Fhara with the Walk-in Wills Clinic on Saturday mornings.



Fhara Pottinger

Fhara's practice focuses primarily in the areas of wills and estates (including estate litigation), family law, corporate and commercial law and real estate law.

She has taken over the helm of Weilers' Saturday morning Wills Clinic, often joined by her dog Lulu, who's been dubbed the Wills Clinic mascot.

Henson Trusts benefit disabled loved ones, giving the trustee absolute discretion over how the trust's money will be paid to the beneficiary.

Coffee, tea, water, and cookies will be provided!

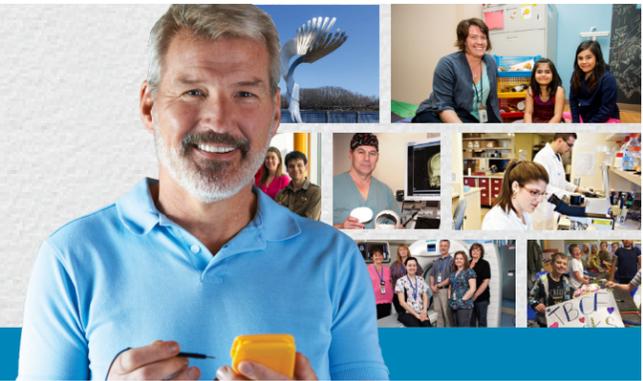
RSVP to legacygivingthunderbay@gmail.com or call Katie at (807) 766-7424

legacygivingthunderbay.com

COMMUNITY PARTNERS: Confederation College / George Jeffrey Children's Foundation / Northern Ontario School of Medicine / St. Joseph's Foundation / Thunder Bay Community Foundation / Thunder Bay Regional Health Sciences Foundation

Your Will is a Gift

Away to be remembered by your community



Leaving a Legacy of Generosity

By Heather Vita

"I've been really lucky in life. I've done well and I'm capable of giving, so I'm doing it," said Bill Griffis, who recently chose to leave a donation in his Will to the Thunder Bay Regional Health Sciences Foundation.

Having lived in multiple provinces, including Alberta and British Columbia, Bill returned to his hometown of Thunder Bay in 2012 to build a home on his family's property on Oliver Lake.

The solitude of the lake setting allowed him to think seriously about how he could give back to his community, and thanks to helpful advice from his lawyer, he made the decision to make a donation in his Will. "Having the advice of a professional was paramount," he said. "It allowed me to feel comfortable with the structure of the donation so that I knew that the people I love would be taken care of and that I could also direct funds to the Hospital."

Bill chose to make his donation to the area of highest need. "I trust that the Health Sciences Foundation will use my donation where it's needed most at the time. I like knowing exactly that it will support the Hospital, but as to where it goes within the Hospital – I leave that to the experts there," he said.

"I have seen how much need there is when it comes to funding equipment at our Hospitals," continued Bill. "There seems to be this attitude that our healthcare should be funded completely by the government. Almost a 'you owe me' feeling. I don't believe that to be true. If anything, I think we, as a community, have the ability to be much more generous."

Bill has directly benefitted from generous citizens himself. He went to Simon Fraser University on a football scholarship, which, as he said, "changed my life. The people I met there played a large role in my life going forward." He's also seen the force behind some very significant legacy gifts; he recalled a \$100M donation to a College in the United States that paid for a new arena. "Obviously, we're not all capable of that level of giving," he laughed, "but the US alumni associations are



Bill Griffis is looking to the future and recently made the decision to leave a donation in his Will. He's content knowing that it will be used to fund any area of need within the Hospital.

brilliant and people who've gone to some of those schools share a culture of philanthropy – one that would be wonderful to mimic here in Canada."

"We're fortunate that we do have some very generous people in our community," he said, especially noting the contributions made by Dr. Mark Henderson. "When I was thinking about my donation, I was a bit uncertain about how much I could give now. That's what led me to think about making a donation in my Will, because I knew I wanted to do something significant, and this seemed to be the best answer for me."

Concluded Bill, "I feel really good about making my donation. There's a sense of pride and satisfaction that comes with doing this. Best of all, I know when I'm gone that I'll still have the great honour of contributing to my community's healthcare needs."

CONFEDERATION COLLEGE

On February 20th, 418 Confederation College students received 592 scholarships, bursaries and awards totaling \$275,360 at the annual Awards Recognition Reception. The event also provided an opportunity for students and the College community to thank donors for their continued support.

Vignesh Viswanathan, Student Union President, believes that education is the most empowering force in the world. "It creates knowledge, builds confidence and breaks down barriers to opportunity," he said. "For students, education is the key to open the door to a better life, but there are many students who are unable to afford their own keys. Thanks to the generosity of donors in funding our scholarships, bursaries and awards, students are given the help they need to get through that door and succeed at Confederation College."

One such student, Lori Kapush, noted that the support from donors helped give her the boost she needed to complete her education. "When you don't have to worry about affording books and tuition, it lets you focus on coursework," she said. "I feel very honoured to be getting these awards. I work hard in my classes and my marks are good, but when I look at my classmates, I see so many of them that deserve recognition." Kapush was awarded the John and Florence Schreiber Scholarship, which was created from a gift in their estate.

Strong financial support and community relationships are paramount to the success of the scholarship, bursary and awards program at Confederation College. The generous contributions from donors help to ensure that students who require financial assistance can put their dreams to work and get the support they need.

Allan Mihalcin, Donor; Kathleen Lynch, President, Confederation College and Award Recipient, Lori Kapush.



GEORGE JEFFREY CHILDREN'S FOUNDATION

George's Market and Celebrations has been a staple in Thunder Bay for decades as a family run business. If you have the opportunity to meet the owners, Danny and Charmaine Thompson, you will meet a kind and caring family who will greet you with a smile and make you feel welcomed. They are passionate about philanthropy and helping our community. As part of this, they have done incredible work for George Jeffrey Children's Foundation and Centre. Danny was instrumental in fundraising for George Jeffrey's new building. He reached out and brought our community together to create a state-of-the-art building where children and youth could come to receive specialized care in a comfortable environment. After the building was completed, the Thompsons didn't stop with their efforts. They have continued their support by fundraising through their store and promoting initiatives happening at George Jeffrey.

It is because of the generous support of individuals and families, like the Thompson family, that George Jeffrey is able to continue enriching the lives of children and youth in our community living with physical, social, and developmental special needs.

Left to Right: Graysen, Danny, and Charmaine Thompson visiting Santa Claus



NORTHERN ONTARIO SCHOOL OF MEDICINE

As a medical student, I experienced, throughout my education, what it would be like to work in the North and, importantly... learned about the specific health issues that may affect my patients here.

NOSM is more than just a medical school; it exists because people like you, in communities like yours, believe that everyone – no matter where they live- deserve access to quality healthcare, close to home. Because of NOSM, my patients don't have to travel to see a doctor. They have access to a healthcare provider who knows their history and how to help them with their health concerns. I'm able to help my patients prevent and manage their health issues and to help them live healthier lives.

The dream of improved access to essential healthcare services for everyone in Northern Ontario is becoming a reality but there are still communities who need doctors and other healthcare professionals.

If you would like to watch a short video on what I do in my practice every day, I invite you to visit with me at www.nosm.ca/donate.

Dr. Kayla Berst, NOSM Alumna and Family Physician



ST. JOSEPH'S FOUNDATION OF THUNDER BAY

St. Joseph's Care Group (SJCG) is guided by the principles of Care, Compassion and Commitment. St. Joseph's Foundation (SJF) donors embrace those values and give to continue the works of SJCG, now and in the future.

While the money raised by St. Joseph's Foundation is designated to purchase needed capital equipment, the benefits extend to everyone requiring the services of St. Joseph's Care Group. Donations help to provide comfort to someone spending their last few days with a loved one; Bring joy to someone regaining their muscle strength and mobility; Improve the well-being of persons overcoming addiction and mental health challenges; Ensure personal dignity by supporting independent living; and Provide the security of knowing loved ones are safe and secure in their homes.

With generous and continued support, St. Joseph's Foundation will continue to assist the people of Northwestern Ontario. The money raised will benefit individuals requiring care, and their loved ones, now and in the future.

Your generous support ensures that individuals and their loved ones receive services delivered with Care, Compassion and Commitment, now and in the future.



THUNDER BAY COMMUNITY FOUNDATION

The Thunder Bay Community Foundation (TBCF) is a great avenue for our local anonymous philanthropists who believe in creating positive impacts within our community. One such donor used the Foundation as a vehicle for their giving and rather than leaving a gift in their Will, this particular donor wanted to see their legacy make a difference within our community.

The TBCF presented the Boys and Girls Club of Thunder Bay with a cheque totaling \$24,572 to assist in the funding of their various programs. One week after the presentation to the Boys and Girls Club of Thunder Bay, the TBCF presented another \$24,572 cheque to the George Jeffrey Children's Foundation on behalf of the same donor to assist in the funding of their various programs.

The TBCF would like to send a heart-filled thank you to our anonymous donor for their continuous philanthropic endeavors and supporting many positive impacts within our community!

Staff of the Thunder Bay Community Foundation presenting the cheque to the Boys and Girls Club of Thunder Bay.



THUNDER BAY REGIONAL HEALTH SCIENCES FOUNDATION

Built in the 1930s on an ancient escarpment overlooking Lake Superior, the Port Arthur General Hospital served residents until its closure in 2004, when the Thunder Bay Regional Health Sciences Centre opened. When it was demolished in 2010, a former Registered Nurse from the Hospital,

Shirley King, asked construction workers to save three stone blocks that graced the lake view of the building.

From that point forward, Mrs. King actively fundraised with the campaign 'Remembering The General' to raise funds to have the stones erected into a monument at the Thunder Bay Regional Health Sciences Centre. In November 2018, several short weeks before Mrs. King's passing, the monument was unveiled and dedicated to those who worked tirelessly to preserve the health of this community and to those who continue in their footsteps. The monument includes a centre stone that bears the Rod of Asclepius; a serpent-entwined rod wielded by the Greek god Asclepius, a deity associated with healing and medicine.

Mrs. King and her daughter Sherry expressed their gratitude as the monument was dedicated and blessed. "We reflect on the people of the past whose service, dedication, volunteer work, and financial support brought us to where we are today, and we continue to be grateful for the hard work, dedication, talent and generosity so abundant in this community and in this hospital."

Not only did Mrs. King memorialize the Port Arthur General Hospital building, but she was instrumental in working with fellow PA Nursing Alumnae to establish a Cardiac Endowment Fund, which supports current cardiac Nurses in their ongoing professional development.

Eric Kuch, Contractor, Shirley and Sherry King

